

Tariq Faridi - A researcher with a passion for truth.

What the health care professional is missing in the management of concussions.

In 1986, his daughter died of SIDS. He investigated the cause of her death, “Too much birth pressure applied by the delivering physician, subluxated her Atlas-Axis, she suffered from SIDS as a result of the injury to her brain, and now the literature on brain concussions talks about Sudden Death in athletes, some within months of the Brain Concussion and others two decades later.

As he continues to update what he learned about Atlas-Axis, the Brain and the Spine, the same articles he read in the past to prepare his talks on Brain Based Wellness, also address the role of the brain and the spine in Depression, PTSD, Insomnia and Anxiety.

In a Board Room with Leland Myers and Jason Mulford, (both veterans who suffer from TBI), Tariq explained to the Board Members his multi-station circuit for Non-Pharmacological Management of Mental Disorders. Afterwards, Leland looks at Tariq and asks “So can your Helmet also aid in looking at Concussions?” Tariq responded with, “Well yes, each of the diseases we talked about – The Mental Illnesses such as PTSD, Depression, Anxiety, Insomnia, Alzheimer’s and Parkinson’s, can be observed with EEG Findings – especially with the Electrode Placement and the Straps to actually pinpoint which of the 48 areas of the Brain (called Brodmann’s areas) are involved.”

He further stated “You can’t just say Brain Concussion, the 8 Lobes of the Brain, have been divided into 52 distinct areas – ROI – Regions of Involvement, and we can actually correlate that to the Dermatomes, which correlate to spinal nerves and segments, and those nerves innervate different visceral organs.”

Tariq told Leland he had culled through the literature on what is called The Human Connectome, which connects the Brain to it’s Functional Magnetic Resonance Images, and that we have so far completed about 12 of them – BAs to Dermatomes to Organs.

Now, \$40 Million annually is granted to 9 Med Schools and the Allen Brain Institute has upped it’s funding from \$300 Million in November to now \$500 Million. Paul Allen is an owner of a Football and Soccer Team, brain health in general and concussions in particular is of course, of great interest to him. Leland then commented, “what you have in your laptop, will help millions, the 48 to 61 Minute Electrode Placement that you have reduced to 2 minutes – is an amazing advancement in sideline injury management of brain concussions caused by sports injuries”. He further commented “What do you have in your laptop that addresses what can be done to prevent these injuries?”

As Tariq has since studied the result of teens suffering head impact injuries, he remembered his own teenage Brain Injury. He had no idea that his anger and many aspects of his personality were shaped by that injury. The scars from his injury – are still visible on his forehead.

With the same passion that motivated him in 1987 to write the Book “Spinal Manipulation and Visceral Disease” to assist DCs in positioning themselves as leaders in the

Non-Pharmacological Management of Visceral Disorders, he is returning to his first love - Preventive Health and Wellness – with a vertical concentration on Brain Centered, Evidence Based, Non-Pharmacological care of Mental, Neurological and Visceral disorders. And he states, “First, enough is enough – we kill our own soldiers who survive the mission and return home, 6,000 plus die each year on Psych Meds and in the case of our athletes, over 52,000 die annually with unmanaged concussion injuries. It is time we put a stop to this pharmaceutical and surgical care from the dark ages.” He adds “We don’t need to do any new research, devise any new helmets or EEG electrodes, the data and the differential diagnosis and injury prevention and management protocols already exist, we just need to join forces and forge alliances with the right companies whose devices in combination with our proven and tested protocols, can offer injury prevention guidance and counseling to the both Athletes. We can provide sideline management for the coaches, team physicians and school nurses, to make Football and Hockey, civilized safer sports, not modern day gladiators who get paid well, but sometimes it costs them their own lives. Unlike the naysayers of NFL and NHL, MLB and Soccer – from Pop Warner and Little League to Professional Sports – Faridi believes that data and the tools exist that can provide safer means to play the game, and quicker resolutions and sideline care for our veterans, soldiers and athletes. Disruptive technologies exist to help heal our veteran heroes and also change Football, Hockey and Soccer to a more civilized and safe pleasure and entertainment experience.”

If the Team Owners and Athletes stay the course, Football and Hockey will die.

Our greatest assets in America are our soldiers and veterans who keep us safe, and our children and families’ participation in sports that bring us together.

We don’t have to change anything.

BUT WE MUST.

IT IS A CRIME NOT TO.